

United Powerlifting Association



The 2010 UPA Illinois State Powerlifting Championship Saturday, July 10th, 2010

MEET DIRECTOR:

Byron Hicks – Illinois UPA Chairman-630-913-4492
*E-mail BHicks@upapower.com
or Joe Somma-330-741-9137*E-mail Somma921@cs.com

EVENT LOCATION:

Batavia VFW Hall (www.bataviavfw.org)
located at 645 South River Street (IL Route 25) on the
east side of the Fox River in Batavia, Illinois, about a half mile
south of E. Wilson Street

ELIGIBILITY:

UPA Registered Athletes: Must show proof of UPA card at weigh in.
All entries in UPA sanctioned events must have a valid UPA
registration card. Fee is \$30 per card. UPA registration for High school
divisions is \$15. Registration will be available at weigh-ins

WEIGH-IN:

24-HOUR WEIGH-IN RULE APPLIES
*PLEASE NOTE*Weigh-ins will be held at
Jacked Hardcore Gym 1450 S. East River Rd.
on Friday, July 9th and at The Batavia VFW hall on Saturday, July 10th
Weigh-ins:
All Lifters – Friday July 9th - 9:00 am – Noon and
4:00 pm - 7:00 pm & Saturday July 10th- 7:00 am – 8:00 am

FOR EQUIPMENT NEEDS:

Go to WWW.ANDERSONPOWERLIFTING.COM
Distributor for **TITAN** Powerlifting Products & **ELEIKO**

EVENT START TIME:

All Lifters - Saturday, July 10th – 9 am

**** Mandatory Rules Meeting ****
Saturday –8:15 am

Contest Lifts:

Full Power and Bench Only

SESSIONS:

**Saturday, 9 am– All Lifters (Bench only will run
in conjunction to Full Power)**

ENTRY FEE:

A fee of \$100 must accompany this entry form for the Full Power meet or \$75 for the Bench Press only, \$50 for High School & Junior, \$30 for each additional division. Add \$10 for UPA-AD (drug tested)

If you enter UPA and UPA-AD you will have to pay two entries.

No same day entries will be accepted unless approved by Byron Hicks prior to arrival.

A \$30 late fee will be charged for entries received after Friday, June 18th, 2010. No refunds on entry fees.

****NO EXCEPTIONS****

AWARDS:

1st-3rd in each weight class in each division

There will be best lifter awards by the Schwartz Formula

MEET HOTEL:

Check www.JakkedHardcore.com for Meet Hotel Info

AIRPORTS:

Chicago O'Hare International Airport Des Plaines, IL 60018
Midway International Airport 5600 S Cicero Ave.
Chicago, IL 60638

ONLINE ENTRY:

To enter online go to www.Jakkedhardcore.com and submit form. Payment must be made through PayPal.

RULES:

United Powerlifting Association (UPA). Check www.UPAPower.com for information and rulebook.

UNIFORM:

Must have one piece lifting suit or wrestling suit

**2010 UPA Illinois State Championships
July 10th, 2010**

Mail entry to: Byron Hicks - UPA
1450 S. East River Rd. Unit D.
Montgomery, IL 60538

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

E-Mail: _____

Home Phone: _____ Work Phone: _____

Occupation: _____ Team: _____

Age at time of competition: _____ Date of Birth: _____

Sponsors: _____

Division Entered: Powerlifting Bench Only
 Raw (Unequipped)
 Men's Open Women's Open
 Men's Master's (please circle your age group below)
 33-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74
 Women's Master's (please circle your age group below)
 33-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74
 Junior (20-23)
 Teenage (please circle your age group below)
 13-15 16-17 18-19

****If you are entering the UPA-AD (drug tested) please check here**

Weight Class: Men - 114 123 132 148 165 181 198 220 242
 275 308 SHW **Weight Class:** _____

 Women - 97 105 114 123 132 148 165 181
 198 SHW **Weight Class:** _____

UPA #: _____ Exp. Date: _____

Full Power Entry Fee \$100 (Teen & Junior \$50): \$ _____
 Bench Only Entry Fee \$75 (Teen & Junior \$50): \$ _____
 UPA & UPA-AD Entry Fee \$150: \$ _____
 Add \$30 for additional division \$ _____
 Add \$10 for UPA-AD: \$ _____
 Add \$30 for UPA Card (Teen \$15): \$ _____
 Add \$30 for entry after 6/18/2010: \$ _____
 Add \$15 for each T-shirt \$ _____
TOTAL DUE: \$ _____
 (Make checks payable to Jakked Hardcore Gym -UPA)

Paid: Cash \$ _____ Check # _____

Release and Waiver

In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the United Powerlifting Association LLC, Meet Director Byron Hicks, Jakked Hardcore Gym, inc. Batavia VFW Hall their representatives, successors, and assigns for any and all injuries or bodily harm that I might suffer while competing at the UPA Illinois State Powerlifting Championships held on July 10th, 2010. I understand there is a random drug testing by urinalysis on a minimum of 10 % of all UPA-AD division lifters. The UPA will permanently ban any lifter testing positive for a banned substance from the UPA-AD division.

Signature (Required): _____ **Date** _____

Signature of parent if under 18 years old: _____
Date (Required): _____

For updates on the Meet go to www.Jakkedhardcore.com

T-Shirt Pre-Order

You may prepay for your shirt by adding the cost of the t-shirt purchase to the entry fee. You can write only one check.
T-shirts cost: \$15.

of Shirts _____
Sizes- S, M, L, XL, XXL, XXXL